



HAPPINESS
EXPERT

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SPEAKING
KIT

JESSICA
WEISS

THE HAPPINESS SPEAKER

ABOUT JESSICA WEISS

Jessica Weiss is a speaker and consultant who teaches businesses how to find more happiness, fulfillment, and satisfaction at work. With 15 years of experience working with global brands like Coca-Cola, Johnson & Johnson, and American Express, Jessica is a trusted source for those who are searching for tangible, research-based strategies to create happier workers.

Jessica Weiss is a TEDX speaker and organizational leadership expert who uses her humor and "tell-it-like-it-is" style to teach companies across the country why work can and should be a source of happiness, and how to create spaces where people love to work.



[Watch Jessica in Action]



SPEAKING TOPICS

THE SECRET HABITS OF HAPPINESS AND SUCCESS AT WORK

There is no magic potion to create a happy workplace; what it really comes down to is habits. This signature talk is perfect for individuals at all organizational levels.

The audience will learn:

- simple habits that generate more happiness at work
- what the research says about cultivating individual happiness
- strategies to identify and reframe potential happiness obstacles

THE BUSINESS CASE FOR HAPPINESS AT WORK

Organizations are only as strong as their people. and never has individual happiness been under a greater threat than now. Desperate to achieve a competitive edge, organizations are wondering how they can bring out the best in their people. And it's possible.

In this talk designed for supervisory staff through executive leadership, the audience will learn:

- the 5 essential keys for happiness at work
- research that supports the connection between individual happiness and company performance
- proven and tactical tools leaders can use to help their teams achieve more happiness and engagement